We shall therefore borrow all our Rules for the Finishing our Proportions, from the Musicians, who are the greatest Masters of this Sort of Numbers, and from those Things wherein Nature shows herself most excellent and compleat." Leon Battista Alberti (1407-1472)¹

We Are Kuthumi and Pallas Athena, World Teachers of Humanity on the Ray of Love and Wisdom;

In our more expansive role and title:

We Are Soular Teacher of All Ascending Beings who *choose* to activate Stellar Consciousness on the Ray of Love and Wisdom.

On this day of 9-1-2007, a day of 1-New Beginnings, we address you on the topic of:

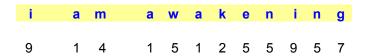
This Ascension Lifetime

We show you the vibration and calibration of this very important phrase:



Total of all letter values of this phrase = 99.

Next, we show you the vibration and calibration of this very important I AM activation:



The total of all letter values of this phrase = 54 = 5+4 = 9

I AM AWAKENING THIS ASCENSION LIFETIME = 99-9

We are approaching, our dearest friends in light, the day of 99-9. This day occurs once every nine years. This day is on September 9, 2007, the ninth day, of the ninth month, in a year of 9 (2007 = 2+7=9). The next day of pure 99-9 will occur on September 9, 2016. Now is the time to awaken to your stellar consciousness. This is your ascension lifetime!

We begin by reminding you about the power of vibration as represented by numerology. As Pythagoras of Samos, I once said:

The Pythagorean conversion chart is featured directly below. Easy to use and understand, it incorporates the numbers one to nine in its conversion system.

123456789ABCDEFGHIJKLMNOPQRSTUVWXYZ

¹ Pythagorean Numerology System

"Were it not for number and its nature, nothing that exists would be clear to anybody either in itself or in its relation to other things...You can observe the power of number exercising itself ... in all acts and the thoughts of men, in all handicrafts and music."

Everything vibrates and every vibrating thing is calibrated to a harmonic frequency.² The harmonic frequency may be harmonious or it may be dissonant. OR it may waver between harmony and dissonance depending on the consciousness that attunes the frequency.

Most of you have become disconnected from your innate stellar consciousness. This is to say, you have become unaware of the movement of the music of the spheres, the stars and planets around you. This has long been humanity's way of connecting to the greater whole, of feeling itself as part of a movement that is directed by a Divine Director of immense and breathtaking power.

You live in a world of automation and artificial lighting. You live in a world of fast paced technology and the increasing expectation for instant gratification. You live in a world of "white noise" and depleted inner vision. What does this mean (especially the last phrase, many of you are asking?) To live in a world of depleted inner vision is to be disconnected from your own higher mind functions which are based on the honoring and development of your stellar consciousness. **Your stellar consciousness is your inner knowing of who you are and where you come from.** This knowing is based on the activation and cultivation of the sense-functions of your own clairvoyance, clairaudience and clairsentience. To train these faculties over time and to use them consistently creates an additional sense-function called clair-cognizance. Clair-cognizance is the function of inner knowing emanating from Divine Source in which entire concepts are integrated into your being in one moment. You all have these capacities. In this Ascension Lifetime, you have the opportunity to reconnect with these gifts and to Know Who You Are.

I Am Awakening

This is the phrase that activates your stellar consciousness. It is not an intellectual concept. It is what each of you have been experiencing over the last years. The Awakening Process of This Ascension Lifetime is what is intensifying your experience in the here and now during these times of massive energy acceleration. What does the

² The Pythagoreans believed that everything which existed had a voice and that all creatures were eternally singing the praise of the Creator. Man fails to hear these divine melodies because his soul is enmeshed in the illusion of material existence. When he liberates himself from the bondage of the lower world with its sense limitations, *the music of the spheres* will again be audible as it was in the Golden Age. Harmony recognizes harmony, and when the human soul regains its true estate it will not only hear the celestial choir but also join with it in an everlasting anthem of praise to that Eternal *Good* controlling the infinite number of parts and conditions of Being. From: The <u>Sacred Texts</u>, The Pythagorean Theory of Music and <u>Color</u>, p. 81

awakening look like and feel like? Exactly what you are living! It is slightly different for each of you as individuals, but it is a common experience for humanity as One.

Let us give you a checklist for the purpose of knowing that you are not alone in this experience. Before you read this, center yourself in your heart and feel (not think) this:

This is my Ascension Lifetime.

My energies and energy bodies are shifting and purifying.

I am becoming my True Self

I am letting go of limitation

I am embracing wholeness and integration

I Am Awakening

Now, from this centered place, look over the following categories and do not judge yourself or place yourself in a self pitying state of mind. Stay in the heart and accept and acknowledge what is occurring. **From here, we may then teach you the higher Truths behind This Ascension Lifetime**. If you choose to enter into pity and emotional helplessness, it is very difficult for your own soul to "in-structure" your consciousness.

Awakening Signs of full transition into the Consciousness of This Ascension Lifetime:

Physical:

- > Physical Fatigue that is not alleviated by sleep
- > Unexplained pain in muscles and joints
- > Bruises that you do not remember getting
- > Interrupted sleep cycles
- ➤ Nose bleeding
- > Increased seasonal allergies
- ➤ Increased sensitivity to foods new food allergies develop
- ➤ Digestive disturbances: left side live and gall bladder; right side spleen and pancreas; eliminative disorders
- Recurrence of old physical problems that you thought were resolved

Mental:

- Confusion in making decisions
- > Anxiety about the future
- Reversing words or saying an entirely different word than you intended
- ➤ Difficulty concentrating especially when reading books of spiritual content
- Wishful thinking about change which is not accompanied by action to create change

Emotional:

- > Sadness about the state of the human condition
- > Grief over ending relationships of both short and long duration
- Feeling stuck in a rut and not knowing how to shift your reality
- > Despair over repeating what appear to be the same patterns

- Fear that you may be "missing" something critical
- Numbness accompanied by distracting behaviors
- > Feelings of inadequacy in your significant relationships, of not doing "enough"
- > Feelings of hopelessness to create real and meaningful change in the world
- > Anger about apathy towards the political and social ills of society

Social:

- Disruptions in work, such as job loss or job change that you did not initiate
- > Feelings of being in the wrong career
- Feelings that one is not contributing to an organization led by values of the heart
- > Increasing financial stress and pressure
- > Difficulty in clearly communicating your ideas to others
- Annoyance at your friends who have become sporadic, unreliable or absent
- A feeling that you need to move to another part of the country or world
- A desire to "chuck it all" and run away

Spiritual:

- > Difficulty contacting your guides
- > Challenges in quieting the mind for meditation
- ➤ Lack of commitment to your spiritual practice
- "Forgetting" to pray
- > Disillusionment about the spiritual path
- Feeling alienated from your spiritual support group, church or community
- ➤ Longing to "go home"

Perhaps you may ask, why does this manifest in difficult and painful ways? Is this what ascension is about? Difficulty, strife, discord? We answer you in this way: we begin with the experiences that you are having and that are troubling you, and next we will give you the experiences that you often brush off as being a "Given" and not worthy of as much notice as are the struggles you manifest (or so you deem).

Many of you have an expectation that ascension means perfection and absence of trial. We simply remind you of the experience, (even absent the crucifixion which is a debatable event among some of you) of Sananda Christ. His life was not about lack of trial, lack of suffering, lack of physical discomfort and the outward manifestation of ease. His life was about teaching, about service and about loving in each and every moment. So was the life of Mother Teresa and yet she had moments of doubt, of unknowingness and despair, just as have you.

Jesus has a very special love for you. As for me, the silence and the emptiness is so great that I look and do not see, listen and do not hear.

— Mother Teresa to the Rev. Michael Van Der Peet, September 1979

Often, the frequency of conscious Ascension comes in through a test of faith, where one doubts the very existence of the Divine for some time, going through the dark night of the

soul, to emerge in a place much deeper than faith. This emergence arises out of spiritual emergency, and is experienced as gnosis.

Gnosis means – to Know the Divine Spark within by direct experience. This is very different from the "Faith" concept that humanity has been led to believe in. For a vast stretch of time, Gnosis has been hidden and reserved only for Initiates. At this time of transition, Gnosis is open to All who Ask.

Ascension, as we have said before, is about being in constant contact with the source of Divine Love within you.

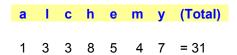
The definition of Ascension, from the Ascended Master is this (from 3-12-2007):

Ascension:

to climb up, often by clinging,
a narrow and steep flight of steps,
a single step at a time.
To overtake the limitations of place,
in order to be in the place of Limitless Light and Love Now.

This is derived from the etymological roots of the word ascension. We also shared this with you in our Ascension Discourse of 3-12-2007:

Let us suggest to you that Sananda (Christ) and Mary were ascended beings as they lived and breathed their teachings. They did not ascend after physical death, but ascended after a series of 12 Initiations were passed in TriUnity consciousness (the sacred Three in One). Three in One is Thirty-One. Thirty One (31) is Alchemy.



This is the illusion of the prevailing Judeo-Christian belief system: that one must first die in the physical to ascend. This is the basis of many of you who are hoping that this incarnate life is your "last one". We hold you in great compassion for this belief system. For the Truth is, this incarnate life that you are gifted with now, has many Keys to Consciousness and has the capacity to be Heaven on Earth. In This Ascension Lifetime, you do not ascend after death, but during your life, just as Sananda Christ, just as Mariamne (Mary), just as Many Masters, Buddhas and Bodhisattvas.

Now, let us present to you another sort of checklist for Awakening Signs of full transition into the Consciousness of This Ascension Lifetime:

Physical:

- ➤ Beginning to look younger, to experience more vitality
- An increased interest in exercising in ways that honor your body-mind-spirit connection

- A change in eye color, sometimes subtle, sometimes dramatic
- Awareness of heat coming from your hands and feet
- ➤ Heightened senses of hearing, smell and taste
- ➤ Being able to feel your heart and the "triple heart structure" within the physical body
- ➤ Becoming more aware of how your body moves through space and activating grace and fluidity of movement through posture and breath
- ➤ Paying attention to the places of pain/restriction in your body in order to move into them. Knowing that these places within your body are showing you about areas of great opportunity for growth on all levels
- ➤ Seeking holistic health care practitioners as partners in your healing journey i.e. no longer seeking a doctor to "fix you" with prescriptions but to assist you in taking responsibility for your choices
- ➤ An increasing ability to access inner peace in the lower chakras i.e. peace in the solar plexus through the root chakra
- A feeling of being grounded to the core of the earth

Mental:

- Disconnecting from the "white noise" and negative information (TV, radio)
- ➤ More frequent flashes of "inner-tuition", or intuition.
- Ability to learn new concepts or languages rapidly increases (this stems from opening to all of your soul records and remembering who you are)
- > Paying more attention to the details of daily life
- A desire to enroll in a classroom of "higher" learning
- Making a conscious effort to connect to people through the eyes and the heart
- ➤ Increasing Gnosis I know because I am experiencing
- ➤ Greater understanding of symbols, numbers and sacred geometry

Emotional:

- > Feelings of bliss when experiencing simple things such as a sunset or seeing a beautiful cloud formation
- A returning ability to allow your tears to flow in situations of emotional intensity
- An increased sense of humor, the ability to laugh at the self
- Increasing sense of empathy and connection with all people
- ➤ An increasing willingness to show your emotions to all people, rather than cover up and hide your true self
- ➤ Giving yourself permission to follow your heart's desires, "I can and I Am" become your keywords, rather than "I can't and I am not"
- > Letting go of the need to control outcomes

Social:

- > Seeking new friends and groups who are interested in the Integrated life of the spirit (meaning balance in mind-body-spirit)
- ➤ Meeting new people in serendipitous ways and knowing that this is Divine Direction in your life

- ➤ Going to new places and moving outside of your comfort zone for many of you, this is allowing yourself to ask questions in groups, to talk to "strangers" and to let go of your fears of looking uninformed in front of others.
- ➤ Offering, from the heart, to help others in times of need, knowing that you are helping yourself

Spiritual:

- ➤ Increasingly seeing the Divine in the mundane
- Experiencing true Surrender to Divine Will without feeling victimized by your own choices
- > Feeling God within your body
- Loving yourself as you are, without the need to qualify
- Remembering your dreams and knowing what your spirit is telling you through the symbolism of your dreams
- Asking for and receiving confirmation from your guides on a regular basis
- ➤ Letting go of expectations of how you think things "should be", and accepting them as they are
- > Being led by spiritual intuition rather than limited by emotional fear
- > Seeing the beauty in each and every person in your life
- ➤ Being able to transcend limited perceptions of incarnate dimensions and seeing your life experience in the holographic reality of your soul
- ➤ Knowing you are home Now and in every Now you create

Some of these things take initiative, consistency, application and effort. Some of these things simply "happen" through the Divine working in your life. All of these things require consciousness to integrate in balance, This Ascension Lifetime.

Ascension is about consciousness. The consciousness of what, you may ask?

First and foremost that you are here to love. You are not sent here to suffer and to "make up" for past mistakes and misdeeds. You choose to be here Now to forgive yourself and others. You choose to be here Now to Love.

Second, All things have meaning in your life, the life you, as a soul have chosen, created and are creating in every moment. Not some things, but All things.

Third, you are a being of stellar consciousness, meaning, you come from the stars, from other dimensions and are here to learn about free will choice and the activation of your True Self on this dimension of reality. Earth is a magnificent classroom. The tuition is "free will choice". You signed up for this, remember?

Fourth, you are connected to All things. When you love another, you are loving yourself. When you harm another, you are harming yourself. It is one and the same thing.

Fifth, your energies are accelerating and aligning with Divine Consciousness of the greater Whole. You choose harmony or dissonance. You choose the oscillation between the two and you choose the wave form of your expression.

This fifth aspect of consciousness is what we will expand upon briefly in relation to the 999 alignment.

We remind you of our discourse on 7-6-2007:

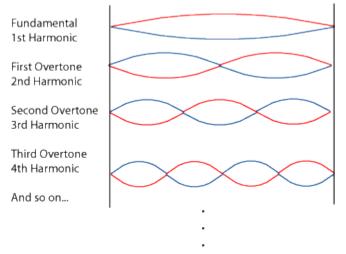
What about these days being promoted as "special" days to pray or meditate? Each day is special, this is the Truth of the Word.

What about 7-7-2007? What about 7-17-2007? What about 9-9-2007? What about 12-20-2012?

Our students, what about *today*? Today, this moment, this Now, is the only one you have to manifest change and to Serve the Ancient One in the Way you are being called.

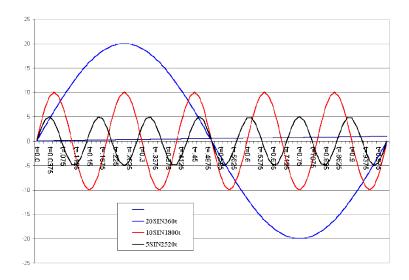
With this in mind, you see, you do not need to "wait" to activate 999 quantum leap in your stellar consciousness, nor do you need to feel that you "missed" something if you are reading this after 9-9-2007. The 99-9 date is a powerful reminder of the ability to enter into greater harmony and alignment through our consciousness, through our hearts and through our souls to the Divine Within. 99-9 is a very powerful alignment of the vibration of harmony. The exact date will create a harmonious wave form of Love for all of humanity to experience and share, if you so choose. But this waveform already exists within you just as you may choose to access in your stellar consciousness at any and all times.

Your aligned and harmonious consciousness may be represented by harmonic waves:

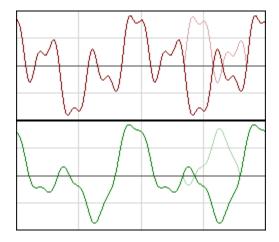


Your vast soul experience may be represented by the sine wave which uses 360 degrees (a complete and whole circle) for the fundamental attunement of your soul. Your

soul's experience through the time continuum, then looks like this:



Asymmetric wave forms manifest when your consciousness is limited to only your five sense functions and you forget Who you Are.



This results in the manifestation of dissonance, which is neither "good" nor "bad". To you, it feels "bad" because you are creating your reality based on many of the experiences in the first list of Awakening Signs. These are the ways and waves that capture your attention to go deeper within, to harmonize with the greater whole, and to synchronize your soul's experience and expression with the harmonic Waveform of God's creation, your original form and function:

The 99-9 waveform, is Love. Pure Love. It returns to the 360 degree waveform to the One Circle. This means the large blue line in the diagram above, (God) connects end to end on the continuum "x" axis and you are restored to your original wholeness of soul and harmony of vibrational essence in which you were created.

The 99-9 activating I AM's are as follows:

I AM ONE:

I AM Awake I AM Awakening

> I AM Love I AM Loving

I AM forgiven I AM forgiving

I AM healing I AM Whole

What are you awakening to? Your complete and full stellar consciousness.

What are you loving? Of course, your self and soul which is the same as loving All.

What are you forgiving? Each and every experience you have ever had that was based on the absence of Love.

What are you healing? Each and every part of your sacred self that is disconnected (or dissonant) from the One Source of Light and Love that you were created in.

Each moment is a moment for change. An alignment through the calendar of your days is a powerful reminder to Awaken to This Ascension Lifetime. Awaken Now our Beloveds, Awaken Fully and Awaken to Who You Are.

999

I AM AWAKENING THIS ASCENSION LIFTIME

So be it, and so it is.

The Masters Kuthumi and Pallas Athena

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